

MYLAR LIST effective JAN 2017-		ALL ITEMS sealed in Mylar with appropriate size oxygen absorber							
	for LONG TERM STORAGE	5 gallon	Lbs. in	10 x16"	Lbs. in	8 x8"	Lbs. in		
PLU	Description	bucket	bucket	Mylar	Bag	Mylar	Bag	PLU	Description
GRAINS & FLOUR-* non GMO									
60502	*Soft white wheat	\$45	36			\$6.40	1	22513	Amaranth
60503	*Hard red winter wheat	\$42	36			\$9.60	1	51115	Quinoa
60500	*Prarie Gold-hard white spring wheat	\$43	36			\$8.50	8oz.	24990	Sliced almonds
60501	*Bronze Chief- hard red spring wheat	\$42	36						
90009	*White rice- longrain	\$37	36						
92009	*Brown rice- longrain	\$39	36						
80140	Movietime yellow Popcorn	\$51	39						
20190	*King Arthur All purpose	\$30	25						
	*Sir Lancelot High gluten	\$31	25						
20130	Wholewheat- stone ground	\$28	25						
	G/Free All purpose flour	\$78	25						
BEANS- non GMO						\$8.30	5.5oz.	24246	Puffed carrots
80131	Black (turtle)	\$59	34			\$7.00	8oz.	22150	Dried corn
80144	Garbanzo (chick pea's)	\$66	35			\$4.20	1	20043	Mixed beans
80138	Green pea's- split	\$56	35			\$7.70	4oz.	22150	Red & green bell pepp
	-whole	\$49	34			\$3.30	1	20046	Whole pea's
80133	Kidney	\$64	34						
80135	Lentils- brown	\$66	35			\$3.40	8oz.	53759	Kelp powder
80136	Navy	\$61	35			\$6.30	8oz.	21361	Beef broth
80137	Pinto	\$53	35			\$6.10	8oz.	21356	Chicken broth
80139	Red- small	\$64	34			\$6.20	8oz.	24429	Veg broth
OTHER PRICES BY REQUEST						\$6.00	1	54049	Coleslaw dr. mix

Prices subject to change without notice, and exclude sales tax

Mylar list cont'd		5 gallon	Lbs. in	10 x16"	Lbs. in	8 x8"	Lbs. in		
PLU	Description	bucket	bucket	Mylar	Bag	Mylar	Bag	PLU	Description
DRIED GOODS									
32119	OATS -Rolled	\$30	20			\$4.30	8oz.	23595	Arrowroot powd
	G/Free Oats	\$61	20			\$6.50	2.3	53759	Alum powder
51418	G/free Penne	\$86	12 x 1lb			\$4.10	2	22055	Baking Soda
20308	Elbow Macaroni	\$36	20		2 x 1.5lb	\$3.00	1	21758	Cornstarch
22204	Spaghetti	\$39	22	\$10.40	2 x 2lbs	\$13.00	1	24044	Cream of Tartar
54132	Wide Egg noodles			\$5.85	2 x 1.3lbs	\$6.80	12oz.	21529	Dutch cocoa powd
51416	Whole wheat- Lasagne			\$9.00	2 x 1lb	\$6.00	12oz.	54433	Nat Dutch gel
51414	- shells/elbows			\$11.70	2 x 1.5lb	\$6.00	4oz.	60270	Nutritional yeast
24110	Purified white sea salt	\$54	50			\$4.20	12oz.	24014	Sucanat- natural
	Natural pink sea salt	\$105	20 x 1lb			\$2.80	2	34111	Purified sea salt
93009	Raw sugar	\$59	36			\$5.60	1	24001	Real sea salt
	White cane sugar	\$50	39						
	Yellow Cheese powder	\$177	22 x 12oz			\$7.60	12oz.	21640	Yellow cheese powd
	Milk powder	\$153	20 x 1lb			\$5.60	1	37181	Milk powder
									Buttermilk powder
	Egg powder	\$164	24 x 8oz			\$5.10	8oz.	37790	Egg powder
21781	Deydrated potatoes	\$51	15	\$10.20	2				
	Instant potatoes			\$6.50	1.5				
54390	Dehydrated vegetables	\$157	15	\$25.00	2.5	\$8.20	8oz.	24390	Dehyd. mixed veg
SPICES in MYLAR can be found on the SPICE LIST on our homepage									
OTHER PRICES BY REQUEST									

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