

BULK LIST- DRIED GOODS effective MAY 2017							
PLU	Description	1LB	2LB	5LB	10LB	25lb. Bag	50lb. Bag
32110	OATS -Rolled		(3.5lbs)	\$3.5	\$6.4	(7lbs)	\$34
32120	- Rolled Organic		(3lbs)	\$4.6	\$9.7	(7lbs)	\$54
60204	-Whole groats			\$3.7	\$6.8		\$29
60202	- Steelcut oats			\$4.1	\$7.7		\$32
GRAINS- non GMO*							
51113	*Soft white wheat			\$4.8	\$8.9		\$37
51114	*Hard red winter wheat			\$4.4	\$8.1		\$34
51108	*Prarie Gold-hard white spring wheat			\$4.5	\$8.3		\$35
51110	*Bronze Chief- hard red spring wheat			\$4.4	\$8.1		\$34
	SPELT by special order						\$65
90010	*White rice- longrain		(6lbs)	\$4.3	\$8	(12lbs)	\$28
92010	*Brown rice- longrain		(6lbs)	\$4.7	\$8.7	(12lbs)	\$30
60200	Hulled Barley- Organic			\$6.0		\$23	
60228	Rye Berries- Organic			\$5.9		\$21	
60215	Kamut- Organic	(2.5lbs)	\$4.4			SALE	\$63
FLOUR- non GMO*							
30190	*King Arthur All purpose			\$3.5	\$6.5		\$27
30180	*Sir Lancelot High gluten			\$3.7	\$6.8		\$29
30130	Wholewheat- stone ground			\$3.1	\$5.6		\$24
30189	Semolina flour (durum)						\$41
**Organic & Wheat Montana FLOUR- non GMO					SALE	*By Special order	
51109	Prarie Gold (Spring white) flour				\$8.5		\$35
51112	Bronze Chief (Spring wholewheat) flour				\$8.0		\$32
51097	Natural All purpose flour				\$9.5		\$39
**	Organic Whole Wheat flour				\$17		
	Instant Yeast (SAF) vacuum packed	\$5.5					
54044	***Cream of Tartar	\$11		\$44	***These 3 items make Natural		
53595	***Arrowroot powder	\$7		\$28	baking powder(l/term storage)		
37500	***Baking Soda		\$2.2		RECIPE on Website		\$39
60270	Nutritional yeast 8oz.	\$8.9					
GLUTEN FREE							
54755	G/Free All purpose flour			\$19		\$65	
51771	Xanthan Gum 8oz.	\$9.7		\$73			
55021	Tapioca Starch	\$3.3					\$68
51201	Coconut flour	\$6.2					
30150	White Rice flour	(2.5lbs)	\$3.1		\$9.8		
54756	G/Free Oats		\$11.4	(3lbs)		\$60	
	G/free pasta- Penne	\$6.5					
OTHER PRICES AVAILABLE ON REQUEST							

Prices subject to change without notice, **exclude Sales Tax**

PLU	Description	1LB	2LB	5LB	10LB	25lb. Bag	50lb. Bag
BEANS- non GMO							
	Adzuki- organic	(1.5lbs)	\$7.0				
80031	Black (turtle)			\$7.3		\$29	\$57
80030	Blackeyed pea's			\$11.7		\$47	\$91
80044	Garbanzo (chick pea's)			\$8.2		\$33	\$63
80032	Great Northern			\$10.6	SALE	\$38	\$74
80038	Green pea's- split			\$6.7		\$27	\$52
80046	-whole	(1.5lbs)	\$1.9	\$5.7		SOLD OUT-on order	
80033	Kidney			\$9.2		SOLD OUT-on order	
80035	Lentils- brown			\$8.3		\$33	\$64
60237	-red organic	(1.5lbs)	\$4.8			\$58	
80034	Lima- large			\$14.2	SALE	\$50	\$95
80036	Navy			\$7.5		\$30	\$58
80037	Pinto			\$6.2		\$25	\$48
80039	Red- small			\$8.1		\$58	
60223	Soybeans- organic				SALE	\$49	
80041	Yellow Split pea's			\$6.3		\$25	
	Mixed (13) Beans	(1.5lbs)	\$4.4			\$50	
SOUP MIXES							
52092	Harvest Soup		\$4.5	\$20			
51401	Organic Harmony Soup		\$5.4	\$24			
SALT							
34110	Purified white sea salt			\$2.2			\$39
54009	Natural pink sea salt	(1.5lbs)	\$6.4			\$75	
CORN/ POPCORN							
60203	Whole Corn- organic				SALE	\$27	
60226	Cornmeal- organic	(1.5lbs)	\$3.0			\$36	
54022	Coarse Cornmeal				*By Special order		\$34
60206	Corn Grits- coarse yellow organic			\$7.6 (4lbs.)		\$34	
80108	Yellow Popcorn- organic			\$11.8			
51640	Yellow Cheese Powder		\$6.6				\$192
51638	White Cheddar powder		\$7.9 (12oz)		*By Special order		\$190
SEEDS & NUTS:							
54020	Quinoa- organic		\$7.8				
32140	Millet (food grade)					\$22	
60259	RAW Sunflower seeds			\$7.6 (3lbs)		Ask for 50lb. Price	
51919	Flaxseed- brown	(1.5lbs)	\$2.1	\$6.3		\$25	
51921	Flaxseed- golden	(1.5lbs)	\$2.2	\$6.6			
OTHER PRICES AVAILABLE ON REQUEST							

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PLU	Description	1LB	2LB	5LB	10LB	25lb. Bag	50lb. Bag
SWEETNERS							
51038	Raw sugar		\$3	\$7	\$12.2		\$51
	Honey	\$5.60		\$24.50			
	Maple Syrup		\$11.50	\$21		Gallon	\$61
SIGN UP ONLINE for our local honey available from June 2017							
DRIED GOODS							
37180	Whole milk powder	\$5.40					Ask for 50lb. Price
37700	Egg Powder 8oz	\$3.30					Ask for 50lb. Price
54109	Dehydrated potato pieces (2.5lbs)	\$7.6					\$96
52057	Mixed dried vegetables 9oz	\$6.4			\$85		
OTHER- miscellaneous items							
	Pure vanilla (1 pint)	\$19					
	Apple Cider Vinegar-organic w/mother (1 quart)	\$8					
	Coconut oil (refined) \$9 (32oz.)	\$21	(3 quart)	(50lb Drum)	\$96		
				(40lb Plastic bucket)	\$92		
	Pork lard				(block)	\$59.50	
51009	Unflavoured Gelatin (beef)	\$10.6	(12oz)	\$103			
LONG TERM CANNED PRODUCTS, MYLAR BAGS & OXYGEN ABSORBERS							
	CANNED PRODUCTS		EACH	SPECIAL	CASE	Currently out of stock	
	Bega Processed cheese 200gm	\$4.50	\$136	\$150	(36 cans-\$4.17each)		
	Red Feather Butter 12oz.	\$8.50	\$149	\$168	(24 cans- \$7.00each)		
	Clarified Butter- GHEE 24oz.	\$19.00	limited stock				
	MEAT- Beef, Chicken, Pork, Turkey 14.5oz.	\$6.50	\$140	\$149	(24 cans- \$6.21each)		
	LG. mixed 4pk- 1 ea. Meat 28oz.	\$12.50		\$48	(4cans- \$12.00each)		
MLAR BAGS							
.4mm	8 x 8" individual	.50ea		\$20.00	for 50		
	10 x 16" gallon size	1.00ea		\$40.00	for 50		
	29 x 19" for buckets	2.50ea		\$20.00	for 10		
	Plastic Bucket liner- .3mm	.80c each	20 x30"	\$35.00/50			
OXYGEN ABSORBERS							
		100cc		500cc		2000cc	
		\$18/100pk		\$16/50pk		\$10/10pk	
		BULK Prices by request					
DESSICANTS							
		SMALL	\$10/25 pack		BULK	\$30/100	
	(moisture absorbers)	LARGE	\$5.50/5pack		BULK	\$45/50	
	Srike Anywhere matches	\$5.00/ 3 pack					
	Food Grade bucket & lid (empty) .9mm	\$9.00					
	Gamma Lid	\$9.00					
	Bucket Opener- plastic	\$6.00					

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NEW	KATADYN WATER FILTERS		Filter Cap.	REPLACEMENT FILTERS			
	Gravity Camp (6 liter Bag)	\$85.00	400 gall	\$35.00			
	Microfilter	\$330.00	13,200 gall	\$175.00	Ceramic		
	TRK Drip Ceradyn	\$290.00	38,000 gall	\$65.00	(3 filters)	ORDER ONLY	
For prices of PRE-PACKED MYLAR BUCKETS/BAGS		see WEBSITE -double click EMERGENCY PREPAREDNESS TAB					
BOOKS	TITLE	PRICE	AUTHOR/ COMMENTARY				
	Dare to Prepare	\$39.00	Holly Deyo- complete info for most subjects				
	Healthy Choices	\$18.00	Kitchen for Keepers- cookbook for wholesome food				
	Virgin Coconut Oil	\$10.00	Dr. Bruce Fife- Nature's miracle medicine				
	Bragg Healthy Lifestyle	\$11.00	Promoting longevity & natural healing				
	Guide to Preserving	\$12.50	BALL Blue book-over 500 recipes				
	Gluten-Free Cooking	\$9.50	Keepers at Home- recipes and tips				
We will be adding more titles through the year							