

PRICE LIST EFFECTIVE MAY 2018						*5 gallon	Lbs. in
PLU	Description		7LB	25lb. Bag	50lb. Bag	bucket	bucket
32110	- Regular Rolled		\$6.4		\$35	\$31	*20
32120	- Rolled Organic		\$9.7		\$54		
OATS			10LB				
60202	- Steelcut		\$6.4		\$34	\$40	*33
60204	-Whole groats		\$6.0				
GRAINS- non GMO*, no pesticides		5LB	10LB		50lb. Bag	SQ= Special request	
51113	*Soft white wheat		\$8.9		\$37	\$47	*36
51114	*Hard red winter wheat		\$8.1		\$34	\$44	*36
51108	*Prarie Gold-hard white spring wheat		\$8.3		\$35	\$45	*36
51110	*Bronze Chief- hard red spring wheat		\$8.1		\$34	\$44	*36
	SPELT	*Special order			\$65	SQ	
60200	Hulled Barley- Organic	\$6.1		\$24		SQ	
60228	Rye Berries- Organic	\$6.0		\$22		SQ	
60215	Kamut- Organic			\$38			
RICE		4LB	10LB	25lb. Bag	50lb. Bag		
90010	*White rice- longrain		\$8.4		\$29	\$38	*36
92010	*Brown rice- longrain		\$9.2		\$31	\$39	*36
	White Basmati Rice			\$59			
NEW	Wild Rice	\$28					
FLOUR- non GMO*, whole grains			10LB		50lb. Bag		
30190	*King Arthur All purpose		\$7.1		\$28	\$32	*25
30180	*Sir Lancelot High gluten		\$7.8		\$30	\$33	*25
30130	Wholewheat- stone ground		\$6.6		\$24	\$29	*25
**Organic & Wheat Montana FLOUR- non GMO							
51097	Natural All purpose flour		*Special order		\$39		
**	Organic Whole Wheat flour		\$16.5				
	Organic Rye flour		\$9.4		\$25		
GLUTEN FREE		8LB	10LB	25lb. Bag	50lb. Bag		
30189	Semolina flour (durum)		\$11.8		\$41		
55021	Tapioca Starch	\$12.8			\$68		
55099	Potato Starch	\$25.2					
30150	White Rice flour		\$9.8		\$36		
54756	G/Free Oats	*Special order		\$60			
		1LB	4LB	25lb. Bag	50lb. Bag		
	Xantham Gum- gluten free	\$16.20					
57201	Organic Coconut Flour NEW	\$3.50	\$12.5				
54755	G/Free All purpose flour	\$3.80	\$12.8	\$65			
OTHER PRICES AVAILABLE ON REQUEST							

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PRICE LIST EFFECTIVE MAY 2018				* sealed in mylar		*5 gallon	Lbs. in
PLU	Description	2LB	5LB	25lb. Bag	50lb. Bag	bucket	bucket
	BEANS- non GMO					SQ= Special request	
	Adzuki	\$9.3					
80031	Black (turtle)		\$6.10	\$25	\$47	SQ	*34
80030	Blackeyed pea's		\$11.20	\$45			*34
80044	Garbanzo (chick pea's)		\$8.90	\$36	\$69	SQ	*35
80032	Great Northern		\$6.5	\$26	\$50	SQ	*34
80038	Green pea's- split		\$5.70	\$24	\$44	SQ	*35
80046	-whole		\$8.00				
80033	Kidney		\$7.10	\$33		SQ	*34
80035	Lentils- brown		\$6.70	\$27	\$52	SQ	*35
60237	-red organic	\$6.4		\$45			
80034	Lima- large		\$11.7	\$47	\$91		*34
80036	Navy		\$6.10	\$26	\$48	SQ	*35
80037	Pinto		\$5.50	\$25	\$46	SQ	*35
80039	Red- small		\$8.10	\$32	\$63	SQ	*34
60223	Soybeans- organic			\$49	SALE		
80041	Yellow Split pea's		\$5.50	\$23		SQ	*35
	Mixed (13) Beans	\$5.1		\$46			
SOUP MIXES		2LB	5LB	25lb. Bag	50lb. Bag		
52092	Harvest Soup		\$20				
51401	Organic Harmony Soup		\$24			*5 gallon	Lbs. in
SALT						bucket	bucket
34110	Purified white sea salt	\$2.2			\$39	\$52	*50
54009	Natural pink sea salt 1.5lbs	\$6.4		\$78		\$105	*20 x 1lb
CORN/ POPCORN							
60203	Whole Corn- organic	*By Special order		\$28		\$47	30
60226	Cornmeal- organic			\$33			
54022	Coarse Cornmeal		*By Special order		\$34		
60206	Corn Grits- coarse yellow organic			\$34			
80108	Yellow Popcorn- organic		\$11.8				
80109	Amish White popcorn		\$9				
SEEDS			5LB	25lb. Bag			
54020	Quinoa			\$93.00	ORG \$102	*By Special order	
32140	Millet (food grade)		\$5.5	\$22			
60231	Amaranth			\$56	ORG \$83	*By Special order	
51919	Flaxseed- brown			\$26			
OTHER PRICES AVAILABLE ON REQUEST							

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PRICE LIST EFFECTIVE MAY 2018					* sealed in mylar	*5 gallon	Lbs. in
PLU	Description		10LB	25lb. Bag	50lb. Bag	bucket	bucket
SWEETNERS- Xylitol			\$58	SALE			
51038	Raw sugar		\$12.8		\$51	\$57	*36
54486	White cane sugar				\$35	\$52	*39
	Maple Syrup from WI	Pint	\$11.50	\$21	Quart	Gallon	\$61
	* HONEY- TLC Local & Raw	1/2 pint	\$7	\$13	Pint	\$24	Quart
FATS	Coconut oil (refined)	\$4.5	(16oz.)	\$21	(Quart)	\$108.00	
	Pork lard			*By Special order		50lb.block	\$60
OTHER PRICES AVAILABLE ON REQUEST					* sealed in mylar	*5 gallon	Lbs. in
DRIED GOODS		8oz.	10LB			bucket	bucket
37700	Egg powder					\$164	*20 x 1lb.
37180	Milk powder					\$153	*22 x8oz.
52204	Elbow Macaroni					\$43	*20
60308	Spaghetti					\$46	*22
54109	Deydrated potatoes				\$96	\$53	*15
52057	Dehydrated vegetables		\$85			\$152	*20 x 8oz.
	Beef Broth		*\$6				
	Chicken Broth		*\$6				
	Vegetable Broth		*\$6	* sealed in mylar			
OTHER- miscellaneous items		5LB	10LB		40LB		
51009	Unflavoured Gelatin (beef)		\$103.00				
	Diatemateous Earth	\$6.50			\$24.00		
BAKING		1LB	5LB				
	Instant Yeast (SAF) vacuum packed	\$5.5					
54044	***Cream of Tartar	\$11.5	\$45	***These 3 items make NATURAL			
53595	***Arrowroot powder	\$6.0	\$25	Baking powder (Recipe on website)			
37500	***Baking Soda	\$1.5			\$39	50lb. Bag	
BAKING BOX-1lb.EA yeast,alum,cream of tartar,baking soda,arrowroot					* sealed in mylar	*\$40	
SPICE BOX- 8oz.EA BBQ,Taco,Chili, cinnamon,pepper,garlic, onion							
	-6oz Italian seas, 2oz. Oregano C&S				* sealed in mylar	*\$40	
ON CLEARANCE (while stocks last)							
	Nett Price- no further discounts	1.5LB	2LB	3LB	4LB		
	Chocolate baking drops			\$12			
	Butterscoth baking drops			\$12			
	Sliced almonds			\$15			
	Raisins- oil treated		\$7.2				
	Carob powder			\$12			
	Dutch Cocoa powder	\$10					
	Dessicated Coconut	\$10					

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ITEMS RELATED TO LONG TERM STORAGE						
CANNED PRODUCTS		Size	EACH	SPECIAL	CASE	
Bega	Processed cheese	200gm	\$4.50	\$130	\$150	(36 cans-\$3.61each)
Red Feather	Butter	12oz.	\$8.50	\$152	\$172	(24 cans- \$6.33each)
Werling	MEAT- Beef & Pork ONLY	14.5oz.	\$6.50	\$140	\$149	(24 cans- \$5.83each)
	(Chicken & Turkey sold out)					
	-mixed pack(1 each meat)	28oz	\$12.50	\$48		(4cans- \$12 each)
MLAR BAGS				BULK		
.4mm	8 x 8" individual	.50ea		\$20.00	for 50	
	10 x 16" gallon size	1.00ea		\$40.00	for 50	
	29 x 19" for buckets	2.50ea		\$20.00	for 10	
OXYGEN ABSORBERS		100cc		500cc		2000cc
		\$30/100pk		\$18/50pk		\$10/10pk
DESSICANTS		SMALL	\$10/25 pack			
	(moisture absorbers)	LARGE	\$5.50/5pack		BULK	\$45/50
MISC	Srike Anywhere matches	\$5.00/ 3 pack				
	5gallon Bucket w/Gamma Lid	\$20.00				
	Bucket Opener- plastic	\$6.00				
KATADYN WATER FILTERS		PRICE	Filter Cap.	REPLACEMENT FILTERS		
	Gravity Camp (6 liter Bag)	\$85.00	400 gal	\$35.00		
	Microfilter	\$330.00	13,200 gal	\$175.00	Ceramic	ORDER ONLY
	TRK Drip Gravidyn	\$270.00	39,000 gal	\$65.00	(3 filters)	

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